NATIONAL BARBER 1
PRACTICAL EXAMINATION

CANDIDATE INFORMATION BULLETIN

Please visit your examination provider's website for the most current bulletin prior to testing.

The National Barber 1 (No Chemical Services) Practical Examination is the licensure examination for Barber 1s, which is developed by the National-Interstate Council of State Boards of Cosmetology (NIC).
This bulletin contains IMPORTANT INFORMATION regarding the NIC National Barber 1 (No Chemical Services) Practical Examination content and administration.
PLEASE REVIEW ALL INFORMATION CAREFULLY!

IMPORTANT INSTRUCTIONS

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination. Picture ID is required for re-entry into examination.
- Candidates are required to bring a kit for their own use.
  - It is the candidate's responsibility to make certain they have a sufficient quantity of supplies that have been properly cleaned and disinfected and that implements are in proper working order.
  - The kit will be used during the examination as dry storage and is considered part of the work area. The kit must be kept closed (e.g., completely zipped or lid tightly closed) except when removing materials for a particular service.
  - Candidates may remove items, supplies, etc., from the kit at any time, however nothing may be returned to the kit.
  - All examinations are administered in a testing environment. Candidates should bring a container of water if needed for any section of the examination. At the conclusion of the examination, do NOT dispose of waste materials, chemicals, products, or water in the trash receptacles or restrooms.
- Candidates are evaluated at all times. Continue working until you have completed the entire section or time has elapsed.
- The verbal instructions will be read twice for each section of the examination.
  - With the exception of verbal instructions, the proctors and examiners are not allowed to communicate with candidates.
  - If you have an emergency situation, please notify the proctor.
- Candidates will be given time to set up the universal (also known as general) supplies that they will use for the examination.
- Each section of the examination has a maximum time allowance, except for those specified as untimed sections.
  - Once you have completed all tasks in the section please step back or turn the hand toward the examiner (in the case of nail services) to indicate that you are finished.
  - In the event that all candidates complete the section before the time has elapsed, the examiners will proceed to the next section of the examination.
  - If the timer goes off, you must stop working and step back or turn the hand toward the examiner (in the case of nail services).

- During all phases of the examination, candidates must follow all appropriate public protection and infection control procedures and maintain a safe work area.
  - In the event of a blood exposure, candidates will be expected to follow the NIC Health and Safety Standards. Failure to do so may result in your dismissal from the examination.
    - *Be sure to contact your examination provider to obtain the most current version of, and any addendums, to the NIC Health and Safety standards.*
  - **If a candidate does not follow infection control procedures or allows the work area to become and remain unsafe, the result may be a failing score for the examination.**
- The following provides examples of materials and actions that are prohibited during the examination administration:
  - Possession of cellular phones, pagers, tablets, computers, projectors, cameras, or any other electronic or recording devices, printed materials, or handwritten notes.
  - Exhibiting disruptive behavior.
  - Communicating to other candidates or any examiner.
    - *The above referenced items or actions are not an exhaustive list. Failure to comply with any of these conditions or exhibiting ANY behavior that suggests an effort to cheat will result in your immediate dismissal from the examination and your actions reported to the proper authorities.*
- **All supplies must be labeled in English**. When an original manufacturer's label is required, there can be NO handwritten or any other type of labeling. Original manufacturers' labels must have English and may also include other languages. All non-manufacturer, created labels must be English only.
  - Original manufacturer's labels are required for certain products such as disinfectants and hand sanitizers.
  - An EPA-registered, hospital-grade disinfectant that demonstrates bactericidal, fungicidal, and virucidal properties must be used. Please refer to the "Suggested Examination Supplies" section to see specific requirements for supplies and products.
  - Simulated products are NOT allowed for disinfectants and hand sanitizers.
  - No aerosols are allowed in the testing environment.
  - There is a section titled "Suggested Examination Supplies" provided following the "Content Domains" section of this bulletin.

MODEL OR MANNEQUIN(S)

Depending on the state, candidates will either use a mannequin hand, mannequin head, or live model for the examination.

*** Please refer to State guidelines.**

If your state requires that you use a mannequin head(s) or hand(s):
If you are required to use a mannequin head(s), it is the candidate's responsibility to come prepared for the examination.
Mannequin heads that are premarked or presectioned are NOT allowed for any part of the practical examination.

If you are required to use a mannequin hand(s), it is the candidate's responsibility to come prepared for the examination.
The mannequin hand must be an entire hand and cannot have removable digits.

Mannequin heads and hands must be approved by the examination provider prior to admittance into examination.

***If your state requires that you use a live model:**

- Models must be at least 15 years of age and cannot be licensed or a student studying in this field.
- Any individual who has received training for or participated in the development or administration of any cosmetology, barbering, or related professions is prohibited from serving as a model.
- Models must be present with the candidate at the beginning of the practical examination.
- The model must present a valid driver's license or State ID card for admittance to the examination.
- The model must be appropriate for examination purposes.
- The model must agree to submit to all areas/sections of the practical examination.
- Models are not permitted to communicate with or assist the candidate during the examination. The models may not communicate with the examiner or proctor during the examination

SPECIAL ATTENTION!

The following information is vital and specific to the
National Barber 1 Practical Examination:

- Candidates will be evaluated on proper designation of materials that are disposed. You are required to bring and use the following supplies for the appropriate disposal of materials:
  - Container labeled "to be disinfected"
  - Container labeled "soiled linens"
  - Container labeled "trash"
- The Shaving with a Straight Razor section is UNTIMED.
- For the Haircutting section, the candidate is expected to complete a tapered haircut using shears and clippers, **with** AND **without guards**.

BARBER 1 (NO CHMEICAL SERVICES) PRACTICAL EXAMINATION CONTENT DOMAIN SECTIONS

The scope of the National Barber 1 Practical Examination includes 3 (three) core domain sections. The Core Domain Sections are based on the national job analysis and denoted below with a *.

1. Set Up and Client Protection (10 minutes)*
2. Haircutting (30 minutes)*
3. Shaving with a Straight Razor (Untimed)*
4. Basic Facial (10 minutes) +
5. Blow Dry Styling (15 minutes) +
6. Thermal Curling (10 minutes) +

+Denotes Additional Sections for States that elect to test this/these sections. Confirm with your examination provider about which sections are required. Administration of any of these sections is recommended in the order outlined above.

BARBER 1 (NO CHEMICAL SERVICES) PRACTICAL EXAMINATION TASK LINES AND VERBAL INSTRUCTIONS

1. SET UP AND CLIENT PROTECTION (10 minutes)

Proctor – Verbal Instructions: Read to all candidates:
"You will now set up the general supplies that you will use throughout your examination."
"You will also set up supplies to perform a haircut."
"You will be observed for client protection, safety and infection control procedures."
"You will have 10 minutes to complete this section."
"You will be informed when you have 5 minutes remaining."
"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*
(2) *"You may begin set up."*

Candidates will be evaluated on the following tasks:

1.1 Disinfects all work areas completely with product labeled in English (manufacturer's label) as EPA-registered, hospital-grade disinfectant

1.2 Sanitizes hands **PRIOR** to setting up work area
1.3 Sets up work area with supplies labeled in English
1.4 Sets up implements that are visibly clean and sanitary
1.5 Uses neck strip or towel and applies drape for haircut
1.6 Practices infection control procedures safely throughout set up
1.7 Maintains work area in a safe manner throughout setup
1.8 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
"All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
"Please stop working."

2. HAIRCUTTING (30 minutes)

Proctor – Verbal Instructions: Read to all candidates:
"You will now perform the haircutting section of this examination."
"You will complete a tapered haircut using clippers with and without guards and shears."
"You will be expected to complete and blend the haircut."
"Do not clean up the hair until you are instructed to do so."
"You will be observed for client protection, safety and infection control procedures."
"You will have 30 minutes to complete this section."
"You will be informed when you have 15 minutes remaining."
"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*
(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

2.1 Sanitizes hands **PRIOR** to starting haircut
2.2 Uses clipper and comb **without** guard to perform a tapered haircut below the occipital bone (nape) with no blocked line
2.3 Uses clippers **with** guard to perform a tapered haircut from the front of the ear to the parietal ridge
2.4 Uses comb and shears to perform haircut above the parietal ridge and on the top of the head
2.5 Establishes outline around ears and sides of neck that follows natural hairline
2.6 Handles shears safely at all times
2.7 Handles clippers safely at all times

Examiner – Verbal Instructions: Read to each candidate individually after all candidates have stepped back to indicate that they have completed the haircut or the timing has elapsed:
"May I please use your comb to check your haircut?"

2.8 Hair in front of ear (sideburns) is uniform in length
2.9 Haircut blended evenly **without** weight line
2.10 At least ½ inch of hair is cut throughout

Examiner – Verbal Instructions: Read to each candidate individually after checking their haircut:
"You may clean up only your hair at this time."

2.11 Removes hair clippings from skin, drape, and work area
2.12 Removes hair from floor completely
2.13 Maintains neck strip or towel and drape for protection throughout service
2.14 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section
2.15 Practices infection control procedures safely throughout service
2.16 Maintains work area in a safe manner throughout service

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
"All candidates have indicated that they have completed this section of the examination, we will now proceed"

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
"Please stop working."

3. SHAVING WITH A STRAIGHT RAZOR (Untimed)

Proctor – Verbal Instructions for Set Up: Read to all candidates:
"You have 2 minutes to remove the supplies from your kit for the shaving with a straight razor section of this examination."
"Do not begin any procedures until the verbal instructions have been read and you are instructed to begin."
"Step back to indicate you have finished."
"You may begin set up."

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
"All candidates have indicated that they have completed this section of the examination, we will now proceed.."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
"Please stop working."

Proctor – Verbal Instructions: Read to all candidates:
"You will now perform the shaving with a straight razor section of this examination."
"You will drape your model/mannequin for the shave."
"You will prepare the face for shaving by lathering and steaming."
"Please step back to indicate you are ready to demonstrate the shave."
"You will be instructed individually when to remove the towel, re-lather, and begin the shave."
"Do not remove the steam towel or demonstrate any strokes until instructed."
"You will be observed for client protection, safety and infection control procedures."

(1) *"The instructions will be repeated."*
(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

3.1 Sets up implements that are visibly clean and sanitary
3.2 Sets up work area with supplies labeled in English
3.3 Sanitizes hands to include wrist
3.4 Applies drape across front of model covering shoulders but not touching the skin of the neck
3.5 Applies towel securely by tucking into neckband
3.6 Places residue towel across chest/shoulder area
3.7 Lathers beard and mustache area using a circular motion with cushion of fingers evenly and safely
3.8 Wrings wet steam towel thoroughly, tests temperature of wet steam towel on inside of wrist, and applies steam towel around face folding ends over forehead and leaving nostrils exposed

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
"*All candidates have stepped back to indicate they have completed their preparation. Please do nothing until instructed individually by the examiner."*

Examiner – Verbal Instructions: Read to each candidate individually:
"Please remove the steam towel, re-lather, and demonstrate the first 5 shaving strokes."

3.9 Removes steam towel and lather together in a continuous motion
3.10 Re-lathers beard and mustache area using a circular motion with cushion of fingers safely
3.11 Uses freehand stroke in areas 1, 3, and 4

3.12 Holds straight razor in correct freehand position with palm facing toward model/mannequin safely while shaving
3.13 Uses backhand stroke in area 2
3.14 Holds straight razor in correct backhand position with palm facing away from model/mannequin safely
3.15 Uses reverse freehand stroke in area 5
3.16 Holds straight razor in correct reverse freehand position with palm facing toward model/mannequin safely

Examiner – Verbal Instructions: Read to each candidate individually after first 5 strokes are evaluated**:**
"Please complete your shave at this time."

3.17 Keeps stretching hand dry and lather-free to prevent slipping
3.18 Strokes straight razor at 20º- 40º angle
3.19 Performs shaving stroke(s) with leading point of straight razor safely
3.20 Completes the shave. Wrings wet steam towel thoroughly, tests temperature of wet steam towel on inside of wrist, and applies steam towel to remove all residue
3.21 Applies toner or astringent safely
3.22 Maintains drape for protection throughout service
3.23 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section
3.24 Practices infection control procedures safely throughout service
3.25 Maintains work area in a safe manner throughout service

Examiner – Verbal Instructions: Read to each candidate individually after they have completed the shave:
"Please step back and wait for further instruction."

Proctor – Verbal Instructions: – Read when all examiners have graded the shave:
"All examiners have indicated they have completed their assessment."

4. BASIC FACIAL (10 minutes)
+ Additional Section +

Proctor – Verbal Instructions for Set Up: Read to all candidates:
"You have 2 minutes to remove the supplies from your kit for the basic facial section of this examination."
"Do not begin any procedures until the verbal instructions have been read and you are instructed to begin."
"Step back to indicate you have finished."
"You may begin set up."

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
"All candidates have indicated that they have completed this section of the examination, we will now proceed."

Proctor – Verbal Instructions: Read to entire group if the timer goes off before all candidates have stepped back:
"Please stop working."

Proctor – Verbal Instructions: Read to all candidates:
"You will now perform the basic facial section of this examination."
"You will prepare your model/mannequin for the service."
"You will be observed for client protection, safety and infection control procedures."
"You will have 10 minutes to complete this section."
"You will be informed when you have 5 minutes remaining."
"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*
(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

4.1 Sets up implements that are visibly clean and sanitary
4.2 Sets up work area with supplies labeled in English
4.3 Sanitizes hands **PRIOR** to draping
4.4 Applies hair drape to secure hair away from face
4.5 Re-sanitizes hands to include wrist
4.6 Removes cleanser from container using infection control procedures
4.7 Cleanses entire face safely
4.8 Wrings wet steam towel thoroughly, tests temperature of wet steam towel on inside of wrist, and removes all cleanser using steam towel safely
4.9 Removes massage product from container using infection control procedures
4.10 Distributes massage product over face
4.11 Demonstrates massage while maintaining continuous contact
4.12 Wrings wet steam towel thoroughly, tests temperature of wet steam towel on inside of wrist, and removes massage product using steam towel safely
4.13 Applies toner or astringent safely
4.14 Maintains neck strip or towel and drape for protection throughout service
4.15 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section
4.16 Practices infection control procedures safely throughout service
4.17 Maintains work area in a safe manner throughout service

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
"All candidates have indicated that they have completed this section of the examination, we will now proceed to the next section of the examination."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
"Please stop working."

5. BLOW DRY STYLING (15 minutes)
+ Additional Section+

Proctor – Verbal Instructions for Set Up: Read to all candidates:
"You have 2 minutes to remove the supplies from your kit for the blow dry styling section of this examination."
"Do not begin any procedures until the verbal instructions have been read and you are instructed to begin.
"Step back to indicate you have finished."
"You may begin set up."

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
"All candidates have indicated that they have completed this section of the examination, we will now proceed."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
"Please stop working."

Proctor – Verbal Instructions: Read to all candidates:
"You will now perform the blow dry styling section of this examination."
"Prepare by wetting the top and one side of the head."
"You will blow dry only the top and one side of the head."
"You will be observed for client protection, safety and infection control procedures."

"You will have 15 minutes to complete this section."
"You will be informed when you have 8 minutes remaining."
"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*
(2) *"You may begin."*
Candidates will be evaluated on the following tasks:

5.1 Sets up implements that are visibly clean and sanitary
5.2 Sanitizes hands **PRIOR** to draping
5.3 Uses neck strip or towel and drape
5.4 Directs air flow to protect scalp
5.5 Controls hair with a brush or comb
5.6 Demonstrates drying of hair on top and one side of head
5.7 Dries hair from scalp to ends to create volume
5.8 Maintains neck strip or towel and drape for protection throughout service
5.9 Practices infection control procedures safely throughout service
5.10 Maintains work area in a safe manner throughout service

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
"All candidates have indicated that they have completed this section of the examination, please do nothing until instructed to do so."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
"Please stop working."

Proctor – Verbal Instructions: Read to all candidates once examiners have completed assessment for this section:
"*All examiners have indicated they are ready to proceed."*

6. THERMAL CURLING (10 minutes)
+ Additional Section+

Proctor – Verbal Instructions for Set Up: Read to all candidates:
"You have 2 minutes to remove the supplies from your kit for the thermal curling section of this examination."
"Plug in your curling irons at this time." **(Applies only to states that require hot irons)**
"Do not begin any procedures until the verbal instructions have been read and you are instructed to begin.
"Step back to indicate you have finished."
"You may begin set up."

Proctor – Verbal Instructions: Read if all candidates have stepped back to indicate that they have completed the section before the timing has elapsed:
"All candidates have indicated that they have completed this section of the examination, we will now proceed."

Proctor – Verbal Instructions: Read if the timer goes off before all candidates have stepped back:
"Please stop working."

Proctor – Verbal Instructions: Read to all candidates:
"You will now perform the thermal curling section of this examination."
"You will form three curls on the top of the head and four curls on one side of the head."

"You will be observed for client protection, safety and infection control procedures."
"You will have 10 minutes to complete this section."
"You will be informed when you have 5 minutes remaining."
"Step back to indicate you have finished."

(1) *"The instructions will be repeated."*
(2) *"You may begin."*

Candidates will be evaluated on the following tasks:

6.1 Sets up implements that are visibly clean and sanitary
6.2 Sanitizes hands **PRIOR** to thermal curling
6.3 Tests temperature of iron **PRIOR** to applying to hair
6.4 Subsections hair same width as barrel of iron
6.5 Subsections hair no wider than 3 inches
6.6 Establishes a base
6.7 Distributes hair evenly around iron
6.8 Forms a complete curl
6.9 Protects scalp from iron with comb
6.10 Forms curl so that the hair is smooth and unmarked
6.11 Uses iron safely at all times
6.12 Maintains neck strip or towel and drape for protection throughout service
6.13 Maintains work area in a safe manner throughout service
6.14 Practices infection control procedures safely throughout service
6.15 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section

CANDIDATE SUMMARY AND FINAL CLEAN UP

Proctor – Verbal Instructions: Read at the conclusion of the examination:
"All examiners have indicated they have completed their assessment."
"This concludes the National Barber 1 Practical Examination."
"Make sure that all kit supplies and disposable materials are taken with you."
"Please do not dispose of waste materials, chemicals, or water in the trash receptacles or restrooms as they are unable to accommodate all waste materials from every candidate that takes the examination."

SUGGESTED EXAMINATION SUPPLIES

All supplies must be labeled in English. No other languages can be present unless an original manufacturer's label is present. Original manufacturers' labels must have English and may be multi-language. All other created labels must be only English

*** Please refer to State guidelines**

UNIVERSAL SUPPLIES (Also known as General Supplies)

- ☐ dry storage kit/container*
- ☐ hand sanitizer with manufacturer's label
- ☐ mannequin head(s) and a table clamp* (pre-marked mannequin head(s) are NOT permitted)
- ☐ a towel to place between the clamp and the table*
- ☐ EPA-registered, hospital-grade disinfectant with manufacturer's label that demonstrates bactericidal, fungicidal and virucidal properties must be used*
- ☐ astringent or toner
- ☐ container labeled "to be disinfected"
- ☐ container labeled "soiled linens"
- ☐ container labeled "trash"
- ☐ cloth towel(s)
- ☐ paper towel(s)
- ☐ neck strip(s)
- ☐ protective drape(s) (child size is appropriate for mannequin)
- ☐ hair clip(s)
- ☐ comb(s)
- ☐ hair brush(es)
- ☐ spray bottle with water
- ☐ protective cream
- ☐ spatula(s)
- ☐ protective cotton
- ☐ protective gloves
- ☐ tape
- ☐ first aid kit

HAIRCUTTING SUPPLIES

- ☐ haircutting shears
- ☐ clippers
- ☐ comb(s)
- ☐ guard(s)

SHAVING SUPPLIES

- ☐ shaving cream (non-aerosol)
- ☐ straight razor
- ☐ wet steam towels

+BASIC FACIAL SUPPLIES (ADDITIONAL SECTION)

- ☐ hair drape
- ☐ cleanser
- ☐ massage product
- ☐ astringent or toner
- ☐ wet steam towels

+BLOW DRY STYLING SUPPLIES (ADDITIONAL SECTION)

- ☐ blow dryer
- ☐ spray bottle with water
- ☐ hair brush(es)

+THERMAL CURLING SUPPLIES (ADDITIONAL SECTION)

- ☐ thermal curling iron with cord attached
- ☐ comb(s)
- ☐ material for testing temperature of iron

BARBER 1 REFERENCES

PRIMARY REFERENCES

Milady's Standard Professional Barbering, 5th Ed. 2011
Author: Maura Scali-Sheahan, Ed D
Milady
5 Maxwell Drive
Clifton Park NY 12065-2919
www.milady.cengage.com

NIC Infection Control and Safety Standards
Adopted 1998: Revised October 2002, Revised August 2014
National-Interstate Council of State Boards of Cosmetology
http://nictesting.org/memberinfo/NIC_Health_&_Safety_Standards-_Aug_2014.pdf

SUPPORTING REFERENCES

Milady's Standard Professional Barbering, 2006
Author: Maura Scali-Sheahan
Delmar Learning
5 Maxwell Drive
Clifton Park NY 12065-2919
www.milady.cengage.com