

## 11. PARTICLE MICRODERMABRASION ON THE FOREHEAD (10 minutes)

+ADDITIONAL SECTION+

**Proctor – Verbal Instructions:** Read to all candidates:

*“You have 2 minutes to set up the supplies for the Particle Microdermabrasion section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin.”*

*“Step back to indicate you have finished.”*

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

**Proctor – Verbal Instructions:** Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

*“All candidates have indicated they have completed this section of the examination, we will now proceed.”*

**Proctor – Verbal Instructions:** Read if the timer goes off before all candidates have stepped back:

*“Please stop working.”*

**Proctor – Verbal Instructions:** Read to all candidates:

*“You will perform particle microdermabrasion.”*

*“You will demonstrate horizontal and vertical strokes on the forehead.”*

*“You will be expected to follow all client protection, safety and infection control procedures.”*

*“You will have 10 minutes to complete this section.”*

*“You will be informed when you have 5 minutes remaining.”*

*“Please step back to indicate that you have finished.”*

(1) *“The instructions will be repeated.”*

(2) *“You may begin.”*

**Candidates will be evaluated on the following tasks:**

**11.1 Particle microdermabrasion supplies are labeled in English**

**11.2 Implements and supplies are visibly clean**

**11.3 Applies degreaser/prep solution**

**11.4 Dries excess moisture**

**11.5 Applies eye protection to model**

**11.6 Candidate wears eye protection and mask that covers mouth and nose**

**11.7 Candidate wears gloves**

**11.8 Holds skin taut**

**11.9 Demonstrates vertical strokes with simulated hand piece across entire forehead.**

**Cord must be attached to hand piece**

**11.10 Demonstrates horizontal stroke with simulated hand piece across entire forehead. Cord must be attached to hand piece**

**11.11 Removes particles from treated area**

## NIC National Esthetics Practical Examination

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*NIC Esthetics Practical Examination – Particle Microdermabrasion on the Forehead (continued)*

### **11.12 Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section**

**Proctor – Verbal Instructions:** Read if all candidates have stepped back to indicate they have completed the section before the timing has elapsed:

*“All candidates have indicated they have completed this section of the examination, we will now proceed.”*

**Proctor – Verbal Instructions:** Read if the timer goes off before all candidates have stepped back:

*“Please stop working.”*

## ***SUGGESTED EXAMINATION SUPPLIES***

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### **Information related to labeling of supplies:**

- ALL supplies must be labeled in English
- No other languages can be present unless an original manufacturer’s label is present
- Original manufacturers’ labels MUST have English and may be multi-language
- All other created labels must be only English

### **+PARTICLE MICRODERMABRASION SUPPLIES+**

- hand piece or simulated hand piece with at least a 4-foot tubing or simulated tubing attached
- simulated degreaser/prep solution
- bowl and water (if used)
- gloves
- tissue, gauze, or cotton rounds, sponges
- eye protection (for model)
- eye protection (for candidate) (prescription eyeglasses are suitable)
- face mask (for candidate)
- dry material for brushing